

PREREQUISITES FOR APPRENTICE PRACTITIONER MEMBERSHIP

1. I have received 10 rebirthing/ breathwork sessions with the same rebirther/ breathwork practitioner.
2. I have participated in a minimum of 100 hours rebirthing/ breathwork training or rebirthing/ breathwork workshops.
3. I have a solid grounding in the theory and practice of rebirthing/ breathwork.
4. I have facilitated 10 individual rebirthing sessions under supervision in a training or workshop environment.
5. I am actively engaged in an apprentice programme with a BRS sponsor.
6. I declare that I will honour the BRS Code of Ethics and Practice.
7. I agree to pay the annual apprenticeship fee when accepted as an apprentice.

Note: The fee is payable when you have been accepted by the society. This is reduced by 25% per quarter depending upon the meeting at which you are accepted. (Cheques are made payable to The British Rebirth Society and sent to the Membership secretary.)

The Apprentice Programme

The Apprentice Programme includes:

1. Taking 3 paying clients through a series of 10 sessions.
2. A monthly supervision session with your sponsor.
3. A monthly rebirthing session with your sponsor.
4. Completing the required number of hours of training in rebirthing/ breathwork to apply for practitioner status.
5. Giving your sponsor a rebirthing session before presenting for practitioner status.
6. Having an intention to apply for practitioner status within one year of becoming an apprentice practitioner.
7. Setting up a professional practice.

These requirements are covered within a rebirthing/ breathwork training when the sponsor is also the trainer. The form may vary.

It is the apprentice's responsibility to follow the Apprentice Programme.

Recommendations:

1. It is recommended that you continue in on-going training. This could mean participating on a rebirther/breathworker training, a One Year Seminar or on weekend workshops.
2. It is recommended that you rebirth yourself regularly.
3. It is recommended that you rebirth with different practitioners to experience the different styles, flavours and genders.